



## REGIONAL PATHWAYS PROGRAM

Procedures number	Pol-17	Version	1.0
Drafted by	ARCHERY SA	Approved by ED on	8 March, 2018
Responsible person	Development Officer	Scheduled review date	30 June, 2019

### RESPONSIBILITIES

It is the responsibility of the Policy & Membership Committee to review this Policy each calendar year, in consultation with the Regional Pathways Co-ordinator.

### INTRODUCTION

AA (Archery Australia), through the High Performance Program, is initiating an AA RTIP (Archery Australia Regional Talent Identification Program).

The first stage of the program was opened to NSW and ACT archers in 2017, but has since been rolled out to other RGBs. SA and Victoria will work together under one umbrella.

The program is open to all, including Para athletes.

#### Program Objectives:

- The AA RTIP has been implemented to offer the opportunity to develop athletes to represent Australia in future major International events in both Compound and Recurve
- The initial aim is to develop squad members to a level that they can qualify and enter the Main stream AA HPP (National High Performance Program) and to support regional athletes that are or will be Tier 3 and 4 in the AA HPP
- Develop opportunities for domestic and international competition

### PURPOSE

The Regional Program is provided to facilitate and develop a larger pool of athletes within ARCHERY SA, with potential for National representation.

# **POLICY**

## **10 Step Archer Development Pathway**

### **Step 1**

#### **Start Archery** - *The first level of archery.*

Identify an interest in the sport and engage in a program such as Come 'n' Try, or a Club introductory course.

### **Step 2**

#### **Membership and Equipment**

Complete a beginners' course at an ARCHERY SA club.

Purchase individualised equipment.

Membership to an ARCHERY SA/AA recognised club.

### **Step 3**

#### **Better Archery**

Beginner level shooting at Club-run sessions.

Receive instruction from a Club Coach and other archers, and begin to learn more about shooting, through practice.

Shooting approx. 1-2 sessions per week and generally at a short distance of around 30 metres.

Arrows consistently within the red, before advancing further.

### **Step 4**

#### **Introductory Competing**

Shooting competition rounds in practice with other members to build a better understanding of what's involved in a competition, including how to score, timing, etc.

Shooting 1-3 sessions per week and beginning to move into competition distances.

### **Step 5**

#### **Club Competition**

Become involved in regular competition within the Club and build confidence around competing and shooting etiquette. Inclusion within these events, also assists with meeting other archers within the Club and building lasting relationships.

### **Step 6**

#### **Interclub/State Competition**

Begin competing in events run at different Clubs and also State events, thus providing experience of a higher level of competition and gaining an understanding of what's required to compete at this level.

Shooting 2-5 sessions per week and demonstrating competency at competition distances.

### **Step 7**

#### **State Development Program**

For youth/senior archers, wanting to progress their level of competition, at either RGB, National and International levels. State development programs will offer coaching and should support a campaign to be selected in further High Performance Squads.

Begin to understand how to analyse technique and become more independent.

Have at least a Blue level Classification.

### **Step 8**

#### **State High Performance Squad**

Demonstrate as one of the best in the RGB! Participation in the State Development program to include assisting in the determination of a suitable training program.

Regularly shooting 3-6 days a week, at this stage.

Have at least a Red level Classification and be eligible for selection for State Teams.

### **Step 9**

#### **AA RDP (Regional Development Program)**

Gain access to further development and the opportunity to travel.

AARDP squad prepares athletes both physically and mentally for the rigours of training as an elite Archer.

### **Step 10**

#### **AA HPP (High Performance Program)**

Selection to the Archery Australia High Performance Program (AAHPP)

Involvement in national teams and international competition.

### **Attachment 2**

#### **ARCSA DP (ARCHERY SA DEVELOPMENT PROGRAM)**

##### **1. Objective**

1.1 Provide development support to ARCHERY SA (ARCHERY South Australia) members and promote learning and development across all levels of participation in Archery within South Australia

1.2 Establish a clear framework for both archers and coaches to develop their skills

1.3 Promote long term membership through increased participation and support for members.

##### **2. Eligibility**

2.1 To be eligible for the ARCHERY SA development program archers must:

2.1.1 Be and remain a current financial affiliate of Archery Australia/ARCHERY SA

2.1.2 Have achieved at least Archery Australia BLUE classification level

2.1.3 Remain respectful of Archery Australia's Coaches, Officials, Members and Volunteers

##### **3. Structure**

3.1 The ARCSA DP will include a SDS (State Development Squad) for archers who are aiming to become more competitive at the Club or inter-Club level and the SHPS

(State High Performance Squad) for archers aiming for State Team selection, or to qualify for further Development Squads.

#### 4. SDS (State Development Squad)

4.1 To be eligible for the SDS, archers must have achieved at least an Archery Australia BLUE classification.

4.2 Archers will receive invitations to participate in State development days (to be held approximately every 2 months).

4.3 Membership of the SDS will be reviewed every quarter, and at the time of review participants must have maintained at least Archery Australia BLUE classification level and demonstrate:

4.3.1 Positive approach to coaching advice

4.3.2 Ability to demonstrate team spirit and to work effectively as a team member.

#### 5. State High Performance Squad (SHPS)

5.1 To be eligible for the SHPS, Archers must have achieved at least an Archery Australia RED classification.

5.2 Archers will receive invitations to participate in state training days (to be held approximately every 2 months).

5.3 Membership of the SDS will be reviewed every quarter, and at the time of review participants must have maintained at least Archery Australia RED classification level and demonstrate:

5.2.1 Positive approach to coaching advice

5.2.2 Ability to demonstrate team spirit and to work effectively as a team member

5.2.3 Be fully compliant with the State Team selection process

5.2.4 Striving for success

5.2.5 Ability to demonstrate team spirit and to work effectively as a team member.

5.4 Athletes in this squad are not guaranteed a place on the State Team. The current State Team selection policy will be available at the ARCHERY SA website.

#### 6. AA RDP (Archery Australia Regional Development Program)

6.1 Archers who have the desire to further their development and pursue National Team selection are encouraged to apply for the AA RDP.

6.2 Selection for the AA RDP is at the discretion of the National RDP Coordinator. Current selection criteria will be made available to AA members via the AA website.

#### 7. AA HPP (National High Performance Program)

7.1 Archers who have the desire to achieve success at a higher level, and participate be competitive at an International Level are encouraged to apply for the AA HPP.

7.2 Selection criteria for the AA HPP will be made available to AA members via the AA website.

#### 8. Coaching Pathways

8.1 ARCHERY SA encourages members to participate in coaching development courses offered by ARCHERY SA throughout the year.

8.2 AA Qualified coaches who wish to further their experience may be invited to participate in State Development Days.

#### 9. Amendments

9.1 The ARCHERY SA Board reserves the right to amend this document and conditions at any time.

### **RELATED DOCUMENTS**

- Scores can be converted to ratings at the following link;  
<http://archersdiary.com/Ratings.aspx>

### **AUTHORISATION**

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ARCHERY SA  
12 April, 2018